



San Marcos Consolidated Independent School District
 P.O. Box 1087 San Marcos, Texas 78667-1087

School Health Advisory Committee (SHAC)

2021-2022 Working Groups- Draft for Strategic Planning Meeting

v1.0 May 22, 2020, v.2 May 22, 2020 10:45 am

MISSION STATEMENT

To coordinate, educate and support district including community efforts promoting the physical, social and emotional well-being of students, staff and families.

HEALTHY SCHOOLS/HEALTH EDUCATION/STAFF WELLNESS (CIP REVIEW) (HE)

DESCRIPTION: This working group will focus on items relating to the health and well-being of SMCISD students and staff. It includes sexual health education, CIP reviews, staff wellness, immunizations, general health issues. This working group will plan and organize the SMCISD Health Fair.

Meet 2nd Wed 12-1 Zoom Meeting, First Meeting 10/13

Topics for starting focus: COVID or other community health crisis specifically distancing and family staying healthy education, On- Line Sexual Education options, Review YRBS, Immunization

MEMBERSHIP- Valerie Gomez, Dr Julie Fisher, Samantha Evans, Ed Rios

District Liaison – Jennifer Vogel

Chair and Co-Chair- Jennifer Vogel

PHYSICAL EDUCATION/NUTRITION/FITNESS (FITNESSGRAM REVIEW) (PE)

DESCRIPTION: This working group will focus on FitnessGram analysis and recommendations for physical activity as well as general nutrition issues. Coordinate and collaborate with school campuses on the “D.A.R.E.” and “National PE” week events.

Meet 1st Mondays 12:00 meeting, First meeting ___?

Topics for starting focus:

Lunch Menu Improvement- Jesse will look in this over the summer.

District-wide family nights that encourage being active- such as hiking, walking, or playing sports or games outside. using some of the grant money toward an overnight field trip with the PE department and possibly other staff

Other outdoor field trips around San Marcos that are outdoor and including other educational departments like science for example to teach a biology lesson while the students are exploring outside.

MEMBERSHIP- Bethany Diaz, Marissa McGlothlin, Samantha Evans

District Liaison – Leslie Abels and Jaime Perez

Chair/ Co-Chair- Bethany Diaz

SOCIAL EMOTIONAL WELLNESS AND FAMILY (SE)

DESCRIPTION: This working group will focus on suicide awareness, dating violence, bullying, tech health (social media training) as well as general mental health issues. This group will work in collaboration with the SMCISD Social and Emotional Director to host the parent awareness events.

Meet 1st Tuesday 5:30, but First Meeting will be Oct 5 at 5:30

Topics for starting focus: 1) Parent Series
 2) Self-care

3) Parent Conference	
4) Healthy Relationships and Language	
MEMBERSHIP: Megan Osborne, Dianna Price, Ed Rios	
District Liaison – April Chatmon-Mustafa	Chair and Co-Chair Dianna Price

EXECUTIVE COMMITTEE/NOMINATING COMMITTEE- TO BE APPOINTED

DESCRIPTION: This working group will focus on governance and membership issues. These include the annual Bylaws review, as well as new member orientation, SHAC application process, SHAC meeting organization and all reports to the SMCISD school board.

MEMBERSHIP-	
District Liaison – Jennifer Vogel	SHAC Co-Chair- Eduardo Rios

SMCISD SHAC MEETING SCHEDULE @ 12 unless noted

- 5/17/2021 School Board End of Yr Report and New nominations for 21-23 term
- 5/27/2021 8 a.m.- 9 a.m. New SHAC Member Orientation
- AUGUST TBD 9 a.m.-11 a.m. Strategic Planning for 21-22
- 9/1/2021 Meeting
- 11/3/2021 Meeting
- 1/5/2021 Meeting
- 2/26/2022 Health Fair 9-12 p.m.
- 3/2/2021 Meeting
- TBD 5/16/22 School Board End of Yr Report and nominations for 22-24 term

Proposed- Present to School Board

- May Agenda Prep- Present proposed membership names for appointment
- Final Program review
- May School Board Meeting acknowledge SHAC members leaving service
- Appoint new members from proposed list
- Review of SHAC year

It is important to emphasize that advisory councils are formed to provide advice. These groups do not become part of the administrative structure of the schools, nor do they have any legal responsibilities within the school district.