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Charles Austin Varsity High School Classic March 20, 2025

Tentative Schedule Subject to change

 Running Events

|  |  |  |
| --- | --- | --- |
| Time | Event | Order |
| 2:30 pm | 3200m | VG followed by  VB |
| 4:00 pm | 4 x100m Relay | VG followed by  VB |
| 4:10 pm | 800m Run | VG followed by  VB |
| 4:25 pm | 100m Hurdles | VG |
| 4:40 pm | 110m Hurdles | VB |
| 4:55 pm | 100m Dash | VG followed by  VB |
| 5:10 pm | 4x200m Relay | VG followed by  VB |
| 5:25 pm | 400m Dash | VGV followed  by B |
| 5:45 pm | 300m Hurdles  (33") | VG |
| 6:00 pm | 300m Hurdles  (39") | VB |
| 6:15 pm | 200m Dash | VG followed by  VB |
| 6:35 pm | 1600m Run | VG followed by  VB |
| 6:55 pm | 4 x 400m Relay | VG followed by  VB |
| 7:10 pm | Projected  Finish Time |  |

Running Information

        All races will be run in the following order:  
  
Varsity Girls / Varsity Boys

        All Events will be limited to 3 entries per  
  
event

 Field Events Schedule

|  |  |  |
| --- | --- | --- |
| Time | Event | Order |
| 1:30pm | Shot Put | VB followed by VG |
| 1:30 pm | Discus | VG followed by VB |
| 1:30 pm | High Jump | VB followed by VG |
| 1:30 pm | Long Jump | VG followed by VB |
| 2:30 pm or after LJ | Triple Jump | VG followed by VB |
| 2:30 pm | Pole Vault | VB followed by VG |

 Field Event Information

20 minute warm  
  
up between throwing events

The top 9  
  
athletes will go to the finals in the Throwing Events and Jumping Events

High  
  
Jump-starting height:

Varsity Girls:  
  
4'4"

Varsity Boys:  
  
5'4"

Pole Vault  
  
starting height:

Varsity Girls:  
  
7'0"

Varsity Boys:  
  
10'0"

 \*These heights can be adjusted based on the level of  
  
competition