



San Marcos CISD Resource Map



Crisis Services			
Name	Services	Contact	Insurance/Fees
MCOT (Mobile Crisis Outreach Team) Hays County	Crisis Hotline	1-877-466-0660	Free
988 Suicide & Crisis Lifeline	24/7 Crisis Resources	988	Free

Mental Health Services			
Name	Services	Contact	Insurance/Fees
Austin Child Guidance Center (children, teens, adults)	Counseling, Psychological Assessments, Psychiatry *teletherapy available	P: 512-451-2242 https://www.austinchildguidance.org/ 810 W. 45th Street, Austin, Texas 78751	Aetna, Ambetter, Blue Cross Blue Shield, Cigna, Dell Children's Health Plan, Magellan, Sendero Idealcare, Superior Health Plan, Traditional Medicaid, Tricare, United Health Care, Sliding Scale
Communicare	Psychiatry/Behavioral Health	P: 512-268-8900 https://communicareusa.org/healthcare-services/behavioral-health/ 2810 Dacy Lane, Kyle, Texas 78640	Aetna, Ambetter, BCBS, Community First, Humana, Multiplan, Oscar, Tricare, UHC, University Community Care Plan, Medicaid/CHIP, Medicare/Medicare Advantage

Parent Guidance	Parenting coaching	https://parentguidance.org/	6 free sessions for Bonham, Rodriguez, and SMHS parents (Please contact your campus AWARE specialist)
Texas Children's Health Access Through Telemedicine (TCHAT)	Teletherapy/ mental health telemedicine	https://sites.utexas.edu/tchat/ (Please contact your campus counselor)	Free
Austin Oaks - Branches San Marcos (Ages 12-17, and 18+)	Psychiatric Services	P: 512-440-4800 https://austinoakshospital.com/?utm_source=Google&utm_medium=Yext 1330 Wonder World Drive, Suite 108, San Marcos, TX 78666	Most major insurances, Medicare, Tricare, Managed Care
Bluebonnet Trails *only available to Gonzales county*	Autism, Behavioral Health, Crisis Services, Dental, Family Health Care, Intellectual Developmental Disabilities (IDD), IDD Supported Employment, Peer Supports	P: 844-309-6385 https://bbtrails.org/behavioral-health-services/ 228 St George St., Gonzales, TX 78629	Private insurance, Medicaid, Medicare
Cedar Creek Counseling	Counseling	P: 512-396-8540 https://cedarcreekassociates.com/ 631 Mill Street, Suite 101, San Marcos, TX 78666	

<p>Greater San Marcos Youth Council</p> <p>*services Hays county*</p> <p>(Ages 6-18)</p>	<p>Therapy for children living or going to school in Hays County. Also family counseling, parenting classes, anger management classes, youth & family advocacy, groups in schools, truancy intervention</p>	<p>P: 512-754-0500</p> <p>https://www.gsmyc.org/services</p> <p>1402 N Interstate 35, San Marcos, TX 78666</p>	<p>Free</p>
<p>Hays-Caldwell Women's Center</p>	<p>Shelter and Counseling Services to those who have experienced abuse</p>	<p>P: 512-396-4357</p> <p>https://www.hcwc.org/</p>	<p>Free</p>
<p>Hope Hospice</p>	<p>Grief Counseling</p>	<p>P: 830-625-7525</p> <p>https://www.hopehospice.net/grief</p> <p>611 N Walnut Ave, New Braunfels, TX 78130</p>	<p>Sliding scale</p>
<p>Mental Health and Developmental Disabilities Center</p> <p>(Ages 3-17)</p>	<p>Mental Health and Developmental Disability</p>	<p>Crisis Hotline: 1-877-466-0660</p> <p>https://www.hillcountry.org/</p>	<p>Sliding scale</p>
<p>SAFE (Stop Abuse for Everyone)</p>	<p>Counseling for survivors of abuse, assault, domestic violence</p> <p>*Phone session available</p>	<p>P: 512-267-7233</p> <p>https://www.safeaustin.org/our-services/face-to-face-support/counseling/</p>	<p>Free</p>
<p>San Marcos Treatment Center</p> <p>(Ages 6-12, 13-17)</p>	<p>Psychiatric/ Behavioral Residential Treatment</p>	<p>P: 800-848-9090</p> <p>https://sanmarcostc.com/</p>	<p>Most major insurances and Tricare</p>

		120 Bert Brown St, San Marcos, TX 78666	
Samaritan Center	Therapy Services	P: 512-451-7337 https://samaritan-center.org/child-adolescent/ Multiple locations	Sliding scale
Scheib Center *San Marcos & Hays County* (Respite ages 13-17)	Respite and Intellectual Developmental Disability Program	P: 512-392-7104 https://www.scheibcenter.org/ 1200 N Bishop St, San Marcos, TX 78666	Servicing mainly uninsured and Medicaid
River City Advocacy/NAMI (Ages 14+)	Support Groups/ Counseling	P: 830-643-0200 https://rivercityadvocacy.org/events/ 1614 W San Antonio Street, New Braunfels, TX 78130	Sliding scale
Texas State Mental Health Services	Counseling & Assessment	Counseling: https://www.txst.edu/cas/professional-counseling/counseling-services.html Assessment: https://www.txst.edu/cas/schoolpsychology/clinic.html Education 4032 601 University Drive,	Counseling is \$20 per session or less Assessment is sliding scale

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Youth Substance Use			
Name	Services	Contact	Insurance/Fees
Austin Center for Grief and Loss	Counseling, children/teen support groups *virtual options	P: 512-472-7878 https://www.austingrief.org/ 2413 Greenlawn Pkwy, Austin, TX 78757	One time \$75 fee to join a group, sliding scale
Austin Recovery (Ages 13-21)	Peer support groups and weekend activities	P: 281-380-2443 https://austinrecovery.org/ 6301 Woodrow Ave, Austin, Texas 78757	Free
Cenikor (Ages 13-17)	Youth Treatment Programs	P: 1-888-236-4567 https://www.cenikor.org/programs/demographic/youth/ 1901 Dutton Drive, San Marcos, TX 78666	Sliding scale
Positive Recovery Centers	Addiction Treatment Programs	P: 877-468-0689 https://positiverecovery.com/ 300 South CM Allen Parkway, Suite 200, San Marcos, Texas 78666	Aetna, Ambetter, BCBS of TX Cigna, Community Health Choice, Humana, Magellan, Superior Health, UBH/Optum/Oscar (UHC,) and more

Legal Aid Services			
Name	Services	Contact	Insurance/Fees
Texas Rio Grande Legal Aid	Legal assistance for families in civil cases	P: 512-374-2700 https://www.trla.org/	Free
Texas Advocacy Project	Legal advice for divorce, custody, and family violence	P: 512-476-5377 https://www.texasadvocacyproject.org/	Free

Hotlines			
Name	Services	Contact	Insurance/Fees
Crisis Text Line	24/7 support and information from a crisis counselor	Text: HOME to 741741 https://www.crisistextline.org/	Free
Love is Respect	24/7 support for education, and advocacy to teens and their supports who have concerns about dating relationships	P: 1-866-331-9474 Text: LOVEIS to 22522, online chat https://www.loveisrespect.org/	Free
National Domestic Violence Hotline	24/7 support from advocates and access to resources	P: 1-800-799-7233 Text: START to 88788, online chat https://www.thehotline.org/	Free
National Runaway Safeline (ages 12-21)	24/7 crisis counselor support for those thinking of running away or have ran away from home	P: 1-800-786-2929, online chat https://www.1800runaway.org/	Free

Trevor Project Network	24/7 LGBTQ support from a crisis counselor	P: 1-866-488-7386 Text: START to 678-678, chat https://www.thetrevorproject.org/	Free
Your Life Your Voice	24/7 support for various mental health and self harm resources	P: 1-800-448-3000 Text: VOICE to 20121, email, online chat, app https://www.yourlifeyourvoice.org/Pages/Tips.aspx	Free (for AT&T, Verizon, T-Mobile, Sprint, Virgin, Cricket, Nextel, Boost, MetroPCS)